

# IT'S A YES!! PADBURY IS GETTING ITS COMMUNITY GARDEN

Welcome to the Kambarang Season!

We finished the last season with our AGM and I would like to thank everyone who attended. I would also like to thank the new 2023/24 elected Committee for volunteering to be involved for the coming year. It is great to have the old team back again, with some new faces to add to the mix as well as.

We have successfully presented our proposal to the City of Joondalup at two Council Meetings in August. In both cases it was terrific to have so many supporters in attendance, especially those that chose to make a verbal statement. I arrived at the first meeting feeling nervous, but left thinking we made a big step forward. The support we received from our Councillors and the community proved to the City that we are serious about establishing a garden with a focus of bringing the community together, with the aim of reducing isolation and improving mental health. At the conclusion of the second meeting it was unanimously voted that we establish a community garden at Gibson Park, subject to an agreed Memorandum of Understanding (MoU) with the City.

In summary, we will have an initial three year agreement with the City for use of the land, subject to extension if everything is progressing as expected. We will also have the opportunity to bring later phase items forward, should we be successful in obtaining grants and approvals.

Yours excitedly, David Hay PCG Chairman

#### Acknowledgement of Country

We acknowledge the Whadjak Nyoongar people, the traditional custodians of the boodja (land) in which we live and are creating our community garden. We pay our respects to Elders both past







# OUR FIRST MEDIA RELEASE

Community garden on the way A community garden at Padbury's Gibson Park will soon become a reality after Joondalup Council supported a proposal for the city to enter a Memorandum of Understanding with

Padbury Community Garden (PCG) Inc.

A community garden is an outdoor space that is used to grow fruits, vegetables and other

plants in a collaborative manner. The MOU will outline the requirements and

conditions of approval for the group to manage and maintain the garden over a three-year

The proposed site for the garden is a small period. area of the park between the Gibson Park Community Centre car park, a fenced drainage

reserve and a Western Power substation. Padbury Community Garden Inc has been

working on the proposal for a number of years. While waiting for approval, the association has been hosting community activities and work-

The PCG committee and its members were shops.

delighted with the council's unanimous support of the project.

"We are working to reduce the loneliness and isolation felt by so many people throughout the community, especially since the pan-

demic," the group said. "We are already collaborating with many

other charities and organisations with the aim to improve the mental health of the residents in the community by providing opportunities to come together and engage in activities, regardless of age, ability, gender, sex, religious belief,

"Having a physical community garden to or cultural background. function out of will be a dream come true and

an asset for the community for years to come." Joondalup Mayor Albert Jacob said the

council had been impressed by the professionalism of the PCG submission and members' passion to see the project come to fruition. "The city is a big supporter of sustainability

and community gardens have become increasingly popular places for residents to grow fruits and vegetables and to interact with the environment and fellow community members," he

"These are highly effective spaces where like-minded individuals share knowledge, learn said. new skills and develop friendships and con-

nections to the community. "Community gardens promote positive mental health and physical wellbeing and I am

confident this garden will be a success and the City will house more of these types of gardens in the future."



#### FROM THE SECRETARY

Our first media release was published in Australia's National Local Government Newspaper, *Local Government Focus* in their September 2023 edition. It was wonderful to see our dream in print, with confirmation that it is really coming to fruition.

In coming months, we will be putting callouts to the local community for trades to quote and/or to establish parts of the garden. We would like to hire locally if we have the opportunity to do so. So if your business is in the field of construction, building, landscaping, gardening etc and you are interested in quoting, please keep an eye out on our social media platforms, or contact us directly on padburycommunitygarden@gmail.com

Sandy How PCG Secretary

# HEALTH + WELLBEING

### A good reminder to:

Exercise regularly Eat a healthy diet Get enough sleep Talk to and socialise with family, friends or a neighbour Relax in ways that work for you You can take steps to nurture your mental health and it's important to seek help when you need it



from <u>www.healthdirect.gov.au</u>

THANK YOU FOR OPENING YOUR GARDEN BEN AND ROZ



## INAUGURAL HIGH TEA

NEW FRIENDS GREAT MEMORIES

WONDERFUL PEOPLE FUN TIMES \$2,103.12 was raised for PCG - Thank you to all

### PADBURY COMMUNITY GARDEN KIDS PAINTING WORKSHOP

Saturday 25th Nov 2 - 4pm \$20 per person + booking fee

Padbury Hall Caley Road Padbury

Sanso





Facilitated by <u>Creative Party Flair</u> <u>padburycommunitygarden@gmail.com</u>

NOTE - This can also be created without the Christmas theme

#### BLUEBERRY FERTILISER

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#### 1lt for \$25

Spring/Summer application is 10ml per 1lt water or 45ml in a 9lt bucket



Liquid fertiliser suitable for any acid loving plant, it has been developed by growers in Western Australia.

For purchases of Blueberry Fertiliser email <u>padburycommunitygarden@gmail.com</u> The KAMBARANG season, October and November is represented by the colour yellow as it symbolises the return of the hot weather.

One of the most striking displays of flowers to be seen during this season will be the moojar, or the Australian Christmas tree (*Nuytsia floribunda*) The bright orange- yellow flowers serve to signal the heat is on its way.











In the Kambarang season we see an abundance of colours and flowers exploding around us. The yellow of many Acacias flower, along with some of the banksias and many small delicate flowering plants, including kangaroo paws and orchids.

October is the most likely time of year that you will encounter a snake, as reptiles start to awaken from their hibernation and look to make the most of the warm weather to assist them in getting enough energy to look for food.





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It is also a time young families of birds will be singing out to their parents to feed them. Koolbardies (magpies) will be out protecting their nests and their babies.

PCG Kids

Corner

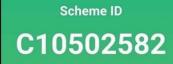
Can you spot 5 differences between these pictures?





## RECYCLING

Take your empty can and bottles to any <u>recycling</u> <u>station</u>, enter the Padbury Community Garden scheme number below and the proceeds will go towards our Charity.

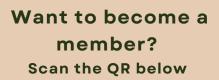


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padburycommunitygarden@gmail.com