



Welcome to the Kambarang Season Newsletter!

It feels like we only released the Djilba Newsletter and here we are ready for the next season's newsletter! Time certainly flies when you're having fun and doing something worthwhile.

As usual, there has been a fair amount of activity at PCG and in the Community Garden itself. We'd like to thank all of those involved in the Planting, Seed Raising, Watering, and Compost/Worm Farm Teams for keeping the garden growing and remaining sustainable and functional.

For those who have been lucky enough to have a look around, you would have noticed some reasonable produce growing. We're learning more about managing the garden and have been trialling signage as to what is ready to pick and what needs a bit more time to grow before harvesting. Hopefully this will enable more produce to be shared around and also more delicious, fully mature produce being harvested.

Although the community garden has been in operation for a while now, we will finally get to have our Grand Opening on 24th November (see page 2). I'd like to thank the City of Joondalup for adding in the accessibility path, connecting the car park to our designated land, which will make it easier for all on the day and into the future to access the garden.

Recently we were very fortunate to collaborate with Wonderland Holistics, assisting with an 'Open Garden' with Tam. This enabled guests to be inspired by Tam's home. See page 6 for the article on this wonderful event.

None of this could happen without the support of volunteers in the community who are helping out in so many ways. If you would like to get more involved, please contact us through our [website](#), [email](#) or by contacting one of the [committee members](#) directly. On that note, I would like to thank the Committee, some who have been involved from the beginning, as without them none of this would have happened.

We look forward to bumping into you at the garden whether at an event or just pottering around.

Dave (Chair) and the Padbury Community Garden Inc. Committee

Acknowledgement of Country

We acknowledge the Whadjak Nyoongar people, the traditional custodians of the boodja (land) in which we live and garden together. We pay our respects to Elders, past and present, and appreciate the knowledge they hold and share with us.



What's been happening at Padbury Community Garden Inc. ?

Planting of additional fruit trees

Planning for Padbury Community Garden Grand Opening Event

Continued planning for future stages of the garden

Enjoyed an Open Garden with Tam at Wonderland

Preparation of upcoming fundraisers and workshops



What's coming up

OCTOBER

Committee Meeting
Busy Bees at the Garden
Community Crafting
Weekly Crochet Play Days
Rock Painting Fun

NOVEMBER

Committee Meeting
Busy Bees at the Garden
Community Crafting
Weekly Crochet Play Days
Grand Opening Event

What are you doing on 24 November 2024?



National Community Gardens Day is on the 24 November 2024.

This November as part of Urban Agriculture Month Community Gardens Australia will celebrate Community Gardens Day on 24 November!

What better to do on National Community Gardens Day...but to head over to Padbury Community Garden and celebrate our GRAND OPENING!!!

https://www.padburycommunitygarden.org/event-details-registration/padbury-community-gardens-grand-opening. At the bottom, there is an illustration of a coffee van, people picnicking, a child playing with a net, a chessboard, and a group of children sitting at a table under a tent."/>

  *Grand Opening* 

Join us for Padbury Community Garden's
GRAND OPENING CELEBRATION!!!

 **PLEASE RSVP**

NOV **24** 2024 Padbury Community Garden 140 Gibson Avenue Padbury, WA AT **12PM** to **4PM**

Celebrate the official opening of the Community Garden by 'Acknowledging Country Together' through a cultural immersion session, join in on a free gardening workshop run by Ecoburbia, tour the garden, grab a sausage and some free fruit while enjoying fun activities and much more....

RSVP at <https://www.padburycommunitygarden.org/event-details-registration/padbury-community-gardens-grand-opening>



Spotlight on our Supporters - Lions Club of Whitford

Lions Club of Whitford has been a huge supporter and sponsor of Padbury Community Garden Inc. from our inception. When most believed the PCG vision was a pipe dream, Whitfords Lions Club supported our Charity with monetary donations, moral support, guidance and collaborative Charitable work. PCG will forever be grateful for the support we received, and continue to receive, from the Lions Club of Whitfords. We are definitely 'Better Together'.

Who are the Lions Club of Whitford?

Lions Clubs are part of community life, in the cities and in the country. They are easily identified by their individually marked workshirts, which carry the distinctive Lions International Logo and the Club name.

In particular, Whitford Lions Club are ordinary people doing extraordinary things. They truly are an amazing group of people, who are humbly making a difference in our community. They support people with disability, complete works for community greening and undertaking fundraising for worthwhile causes. For example, other than supporting PCG, recently they have been in collaboration with The Spiers Centre, North Beach Lions Club, Fortuna Foundation, Uniting WA and Beacon Fight for Life during Homeless Week. Together they have been offering counselling for both mental health and financial assistance. They also had food, clothes, sleeping bags and blankets to hand out. This is such essential and selfless work they do within our community.

Whitford Lions raise funds by holding regular Succulent Sales, Sausage Sizzles and Disposal Sales. They also run a mobility equipment hiring stall at the Royal Show, run Community Events and sell their well known Lions Christmas fruit cakes and puddings, to raise funds to enable their charity to continue their crucial work in our community.



Our Community Garden

What's Growing and What's Sprouting Soon!

As Kambarang brings new energy to our gardens, we are thrilled to share what's happening with the seeds, plants, and sprouting efforts across Padbury Community Garden and the Teams helping to grow supplies of seedlings for us to grow in the garden. Whether you're looking for fresh veggies, fragrant herbs, or colourful blooms, we'll have a wide array growing this season!

The Seed Raising Team have been busy nurturing a wonderful selection of vegetables, including nettie, silverbeet, dwarf beans, celery, eggplant and kale, which will provide a rich variety of leafy greens and hearty veggies to enjoy soon.

The team have been mixing things up with both edible plants and beautiful flowers, including radicchio, tatsoi, marigold, chives and capsicum.

The combination of vibrant flowers and flavourful vegetables and fruit, is sure to be a delightful part of the garden. This combination planting is also called 'Companion Planting' where the flowering plants attract insects to the area that are vital in the pollination process of the food producing plants.

What's about to be Planted in our Community Garden you ask?

Dwarf beans, fenugreek, yellow pearl tomatoes, poppies, lettuce, Endive, tatsoi, poppies, anise Kohlrabi, tatami, silverbeet, cornflower, chives, spinach perpetual, ageratum (red flower), amaranth grain and tatsoi will brighten up the garden in no time.



Fenugreek



Tatsoi



Chives



Star Anise



Nettie (Dahlia)



Poppy



Cabbage

Down at the Garden

For those looking to harvest right now, we already have rocket, as well as flavourful herbs like coriander and dill, ready to enhance your springtime meals. These herbs are perfect for adding fresh, zesty flavours to salads, soups, or any spring-inspired dishes.

Ben Ezzy's Home Growing

Ben is growing his own seeds at home, experimenting with some exciting options for the garden. We look forward to seeing his plants added to the mix!

Stay tuned for more updates as these seeds sprout and grow into the beautiful garden we are all nurturing together!

Happy Gardening, Bek

PC Garden Gatherings - Parliament House



Last month the PCG Committee were honoured to be invited to Parliament House by Caitlin Collins MLA.

For most of the Committee it was the first time to have the privilege of touring the venue and having a personal tour guide was such a luxury.

It was amazing to view all the political history of Western Australia on the walls as we walked through the place.

Getting to be inside the chambers and see where Caitlin sits was a definite highlight. We were then all treated to an incredibly delicious dinner in the Parliament dining room, as Caitlin's special guests. It was a unique opportunity to sit together, get to know each other better and have a relaxed time holding space for one another.

It will definitely be a memory we will all cherish.

A massive thank you to Caitlin Collins MLA for rewarding our hardworking PCG Committee by inviting them to be your special guests at Parliament House for the evening.



Tam's Open Garden at Wonderland



At the end of September, the amazing Tam welcomed the community into her Wonderland, allowing us to look around at what she has created over many years of hard and passionate work. It truly was inspirational to see what can be done on one residential property, when it comes to sustainability. With 17 fruit trees, vegetable and herb plants every direction you look, Tam grows about 60% of what she eats! How amazing is that. Through a nifty rainwater collection system, she gets to have guiltless baths daily, even in this drying climate.



Thank you Tam, for allowing us into your garden and inspiring us.



Thank you to all the generous Committee, PCG and Community Members who contributed to the delicious spread of treats. What a smorgasbord! Thank you also to everyone who helped to make this event happen.




Planting Tips from Tam - Natural Pest Control


The best way to assist a plant to survive nature's pests, is to make it a strong plant. We are what we eat, and plants obtain their food from the soil. So the number one priority is to make sure our plants have the kind of soil they will thrive in. A strong, healthy plant is much more likely to have the resilience to deal with pests themselves.

Planting Smart


We can populate the companion plants with species that invite the natural predators in. For example, to get rid of aphids, plant fennel, dill, yarrow, sunflowers and dandelions to attract ladybirds, praying mantis, hover flies and lacewigs, which all love to eat the aphids.



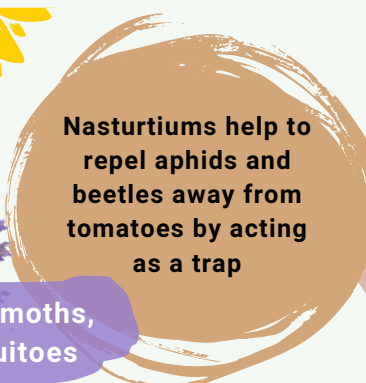
Planting marigolds near vegetables can repel nematodes and other pests



Garlic (along with chives!) will help to deter the Japanese beetles (June Bugs), aphids, and mites



Lavender scares away moths, fleas, flies and mosquitoes




Nasturtiums help to repel aphids and beetles away from tomatoes by acting as a trap

Rosemary can help in repelling slugs, beetles, mosquitoes, and more




Slugs and **snails** are attracted to beer, wine and yeast products. Pour a small amount of these fluids into a container buried in the soil up to the top of the container. **Slugs** and **snails** will crawl in and drown.




Chrysanthemums contain pyrethrum, which helps repel numerous pests including ants, roaches, ticks, lice, fleas, bedbugs, spider mites, Japanese beetles, and more

Diatomaceous earth
Diatomaceous earth is made from the fossilised remains of tiny, aquatic organisms called diatoms. Their skeletons are made of a natural substance called silica. Diatomaceous earth products are registered for use against bed bugs, cockroaches, crickets, fleas, ticks, spiders, and many other pests.




Natural fungicide for black spot on plants:
1 tablespoon bicarb
1 tablespoon vegetable oil
2 drops dish washing liquid
in 4.5 litres water



Lemongrass and Citronella are both great plants for repelling mosquitoes

Coffee Grounds



Coffee grounds contain several key minerals for plant growth — nitrogen, calcium, potassium, iron, phosphorus, magnesium and chromium, as well as attracting worms. Certain compounds found in coffee, such as caffeine and diterpenes, can be highly toxic to insects. When coffee grounds are added to the soil (or compost) it will deter mosquitos, fruit flies and beetles, and many other pests.

Natural Bug sprays:

Chilli and garlic: soak chopped chilli, crushed garlic and a tablespoon of vegetable oil in a jar of water overnight. Strain and put in spray bottle. Good for suckling insects such as aphids and caterpillars.

Essential oil spray: Tea tree, eucalyptus, spearmint, lemongrass and rosemary. Also great as spray and wipe for inside.

Tam Richards

Wonderland Holistics

www.wonderlandholistics.com



Kambarang Season



The Noongar Season 'Kambarang' is represented by the colour yellow as it symbolises the return of the hot weather.



Second spring
October - November

Season of birth

This season marks the end of the rain, fewer cold fronts and warmer temperatures. Longer dry periods.



<https://www.ecu.edu.au>

This season we see an abundance of colours and flowers exploding all around us. The landscape is carpeted with a rainbow of wildflowers, including the vibrant flowering of the Kangaroo Paw and other stunning Australian native flora.

Kambarang is the season of plenty with an abundance of food available in nature.

October is also the most likely time of the year that you'll encounter a snake as the reptiles start to awaken from their hibernation and look to make the most of the warm to assist them in getting enough energy to look for food. So make sure you take care around the bushes at the community garden.

It's also a time that many young families of birds will be singing out for their parents to feed them. Koolbardies (magpies) will be out, so watch out for those swooping to protect their nests and their babies. Many things are undergoing transformation with the warm change in the weather and longer dry periods.

Containers for Change



One of Padbury Community Garden Inc.'s funding streams is through community donations. Donating to PCG through Containers for Change not only supports our initiative, but it also:

- ♻️ reduces litter and helps to keep the environment clean.
- ♻️ participating in such programs raises awareness about recycling and sustainability, promoting responsible waste management.

It's a simple way to make so many positive impacts, so why not collect some containers, pop on down to your local **Containers for Change location** and support Padbury Community Garden Inc.



C10502582





Community Crafting Sessions



Come along and join others from our community for some fun and social crafting. **BYO** the craft you are working on, or just come for a chat



\$5 per person
Coffee, Tea and biscuits provided
Gibson Park Community Hall
Register your interest on our website



We are so grateful for the ongoing support and involvement these charities, companies and government agencies are investing in our community projects



Australian Government
**Department of Industry,
Science and Resources**



Australian Government
Department of Social Services



Government of Western Australia
Department of Communities

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