NEWSLETTER

August to November 2025

Djilba and Kambarang 2025

AGM kicks off PCG's fifth year

July saw Padbury Community Garden Inc.'s (PCG) fifth successful Annual General Meeting take place without a hitch. Further details on the event are covered on page 2.

With the fifth year of the Charity upon us, plans are well underway to make sure this year will be one to remember. Be sure to keep up with our newsletters and socials, so you don't miss out on the opportunities to be part of the fun.



Growing together

With our charity's primary aim being to reduce isolation and advance mental health, we would like to draw our members' attention to the events PCG hold regularly, where they can head to stay up to date with the latest events and discover other local events that may be of interest and benefit.

Please head to pages 6-8 for further details on upcoming events.



Starting the year right

We are proud to say we have had the largest Committee elected to date, at this AGM. Through implementing feedback, the Executive Committee prioritised formulating and conducting an Induction session for the newly elected and returning Committee. Over the past years, the Committee have been so busy focusing on navigating the complexities of forming, developing and managing the Charity, running events, managing approvals, obtaining sufficient funding, building the community garden, forming the teams, just to ensure everything was set up at a professional full accountability standard with transparency. Therefore, it has been fantastic to have the opportunity to put our knowledge down on paper for the induction to develop an information booklet, which we can use and build on over the coming years.







What a wonderful AGM was had on Saturday 26 July, with a fantastic turnout of 28 local residents!! Thank you to everyone who made the effort to attend and to the 2024/25 Committee for putting together a fantastic event.

2025 AGM: HEADING INTO OUR FIFTH YEAR



We want to thank the outgoing 2024/25 Committee, for all the hard work that they have put into the Charity over the past year.

If you missed the event and would like to view the 2024/25 PCG recap video, you can find it at this link: https://youtu.be/UbAdJ9OYiFM.

Whilst watching the video and reflecting back, it's unbelievable to see how much PCG has accomplished in the past year.

Thank you to Dean and his beautiful black cockatoos from Carnaby's Crusaders, for attending the event and presenting such critical information and inspiring us all to be more environmentally aware.

Jedda, the stunning forest red-tailed black cockatoo, was the star of the show! Flying around the room, displaying his amazing red tail markings, and taking a special liking

to our Chairperson Dave and the prize table.

Dean's presentation was followed by an informal Q and A, cuddles with the black cockatoos, a delicious afternoon tea and a great time connecting with one another.

We'd like to thank Liam Staltari MLA, Yates Australia and Dawson's Garden World for donating wonderful products and vouchers for the door prizes.

We are proud to say that on Saturday, all the 2024/25 Committee re-nominated for 2025/26, with the addition of a few fresh faces.







Introducing and Welcoming the 2025/26 PCG Committee

Dave - Chairperson
Simon - Vice Chairperson
Bek - Vice Chairperson

Sue - Treasurer

Sandy - Secretary

Beate - Committee Member

Brian - Committee Member

Bryan - Committee Member

Christine A - Committee Member

Christine H - Committee Member

Ellen - Committee Member

Peta - Committee Member

Sara - Committee Member

Sharlene - Committee Member

Trix - Committee Member

If you are considering joining the committee too or would like to attend a Committee Meeting just to see if the fit is right for you, please drop us a DM or email at padburycommunitygarden@gmail.com We would love to welcome anyone and everyone to join. The more the merrier!!!



MEET OUR 2025/26 EXECUTIVE COMMITTEE



DAVE - CHAIRPERSON

Dave was first elected as the PCG Chair at the 2022/23 AGM, before which he was a very valuable PCG Committee Member (or Dog's Body, as he liked to call himself :). Dave manages to keep calm in any situation and acts as a grounding force for the whole committee. PCG are excited and honour to be headed up by an experienced and centred leader for another year, as Dave's character sets a great culture for us. In addition to being the Chair, Dave is currently overseeing the Garden Bed Planning Team, working with the City of Joondalup to get approval for permanent storage onsite and assists with internal approvals and advice.



SIMON - VICE CHAIRPERSON

Simon joined the PCG Committee back in 2024 as a general Committee Member, launching the community garden's Composting program and heading up the Composting Team. Now elected as Vice Chair, Simon will continue with leading our sustainability actions, and also build up some more inclusivity features of the garden. Simon is a family man, who always brings a smile to our Charity. He works in the field of Horticulture Support Work, and we look forward to getting Simon's assistance in advancing the community garden in this area.



BEK - VICE CHAIRPERSON

Bek joined the PCG Committee back in 2024, as a general Committee Member, involving herself in Busy Bees, Garden Gatherings, planting, photography, researching and creating joy. Now elected as Vice Chair, Bek has already triggered initiatives close to her heart, ensuring we spread our Charity's work and community garden far and wide, especially to new residents in the local area. Bek will be closely involved with research and information availability throughout the community garden, as well as several other projects that spark her interest.



SUE - TREASURER

Sue has been with PCG since its inception, back in June 2021. During this time, Sue has been the Media Coordinator, Events Coordinator, and, over the past couple of years, the Treasurer Extraordinaire! Sue is by far our master of organising and keeps everything ticking over, way beyond her role of Treasurer. Since Garden Gatherings and the Garden Bed Planning Team were formed earlier this year, Sue has played a vital role in structuring and driving this forward, resulting in the garden you see before you today. She also works closely with the Grants Team to ensure funds are spent in an accountable and transparent way.



SANDY - SECRETARY

Sandy has been PCG's Secretary since the very start back in June 2021. Her major passions lay within the inclusivity and First Nations' engagement side of the charity. Sandy has led our Grants Team over the past few years, who are responsible for bringing in the funds to ensure the Charity, community garden, and associated activities can continue operating.

During 2025/26 Sandy is planning to advance the local Indigenous engagement to plan for a Bush Tucker and Bush Medicine Garden, as well as a Yarning Circle. Sandy is also hoping to put more work into 'creating safe spaces' and continue ensuring we create an inclusive space at the community garden.



Community Food Forest - City Beach: PCG site visit

In July, members and volunteers of PCG headed off to City Beach for a site visit to the Community Food Forest (CFF). This community garden is located at the north end of Fred Burton Drive in City Beach. The CFF is an open space that has fruit and nut trees, annual vegetables and Bush Tucker plants for the local community to enjoy and to learn what can be grown in their area.

We joined the CFF team on their Saturday gathering, as they host community working bees on Wednesday and Saturday mornings from 8am to 10am. They welcome anyone to join them, just as we do. We were warmly greeted and welcomed by Dawn, Herby, John, Myff, Derek, Katie, Lara, Joshua, Kitty, Dawn and Margrett. They showed us around their magnificent garden, with a combination of ground plantings, raised garden beds and various structures for the plants to grow on.

It was interesting to discuss and see the different ways in which they formed and function, and how they have progressed within the constraints of their local council. Their biggest challenge is water availability, which made us feel very grateful. We all learnt so much.



"Everyone was so friendly, welcoming and inspirational."



Community Food Forest Inc Facebook Group



Community Food Forest Fred Burton Way, City Beach WA 6015





















Our visit ended with an absolutely delicious morning tea, kindly provided by Margrett, in the quaint under tree dining area, shared with the wonderful CFF volunteers. We shared successes and history, as well as CFF generously sharing produce, seeds and cutting. We would like to sincerely

thank everyone's generousity and hospitality. We welcome CFF volunteers to our community garden anytime.







Wheelchairs For Kids

Giving freedom & mobility worldwide

On Friday 25 August, the PCG's Friday Community Craft Group were lucky enough to attend a tour of the Wangara workshop for Wheelchairs For Kids (WFK).

The ladies were blown away by the well-organised factory, which build wheelchairs for children in underprivileged countries or communities. They were given a guided tour, where all aspects of manufacture and shipping were explained in detail. Perhaps the section which most impressed the group was the Beppie de Kruyer Rug Room, housing hundreds of rugs of all kinds – crocheted, knitted, patchwork, you name it, as well as boxes and boxes of soft toys.

Each chair is sent away with 2 rugs and 2 soft toys, so there is a constant rotation. Since it was founded in 1996, WFK have made more than **64,000 wheelchairs** and sent them all over the world!!



Wheelchairs for Kids: Community Crafting's Factory tour



A very big "Thank You" to the volunteers who helped with the tour, explaining exactly what component was being made and where it fitted. The experience was interesting, educational and certainly eye-opening.

by Tenny



Wheelchairs for Kids is a volunteer-based not-forprofit organisation, just like PCG. They provide the transformative gift of mobility to children in impoverished and under resourced communities both in Australia and around the globe.

To learn more about their amazing work, the Wheelchairs and their global impact, head to their website at https://wheelchairsforkids.org







Regular PCG Events

Upcoming Community Sessions brought to you by Padbury Community Garden Inc.







8:00am - 10:00am 1st and 3rd Saturday, 2nd and 4th Sunday of each month.

Please refer to website for confirmed dates. Padbury Community Garden

Pop into the community garden for a Garden Gathering on a Saturday or Sunday morning, from 8 to 10am.

Come along and meet new people, creating friendships, share knowledge, learn and grow together.

Join in with some maintenance of the garden or just stop in for a chat and company. Everyone is welcome.

No cost. RSVP online in case event needs to be cancelled due to weather.

The garden is wheelchair accessible and we strive to be accessibility friendly for all

For free tickets and further details



Please note: currently our Saturday Garden Gatherings are on hold. Please always check our events page to keep up to date on scheduled events



Community Crafting

Various Fridays and Saturdays, see website for dates and times Gibson Park Community Hall

Come along and join others from our community for some fun and social crafting.

BYO any craft you are working on, or just come for a chat.

Cost of \$5 per person to cover venue hire and tea/coffee and biscuits.

Please RSVP online to ensure you are notified if any changes occur to the event.

For tickets and further details





Mental Health Matters

Upcoming Community Sessions brought to you by the City of Joondalup



<u>Parenting workshop -</u> Calm kids

Thu. 20 Nov, 2025 10:00am - 11:00am Joondalup Public Library 102 Boas Avenue Joondalup, WA 6027

As adults we want the best for our children, and in this chaotic, hurried world we want them to be happy and to be able to manage feeling overwhelmed and distressed. Raising calm kids is not out of reach, there are many simple ways to bring calm and self-soothing into your family.

Rachel is a Registered Psychologist, author and parenting expert with nearly two decades of experience in a variety of settings. Based in Perth, Rachel has presented at national conferences, and also serves as a subject-matter expert for journalists on parenting, child development and relationships. Rachel is passionate about child development and regularly supports parents and caregivers by providing practical tips and knowledge to help their children thrive.

Cost \$5. Book and pay online.

Please note, the presentation will run for approximately one hour and refreshments are included.

For further information on this event please call the City on <u>9400 4751</u>

For tickets and further details





<u>Discovery Community</u> <u>Session - Managing stress</u>

Thurs. 9 Oct, 2025 10:00am - 11:00am Woodvale Public Library

Join us for Mental Health Week for a presentation on stress management and self-care. We'll explore the difference between eustress and distress, coping strategies, and available support services. Learn practical tips to enhance your wellbeing as a carer!

This presentation will cover the following topics:

- understanding stress management
- eustress vs. distress
- · coping strategies for stress
- self-care techniques
- available support services.

Join us to gain valuable insights and practical tools for managing stress and enhancing wellbeing.

No cost. Book online.

Please note, the presentation will run for approximately one hour and refreshments are included.

For further information on this event please call the City on 9400 4751

For free tickets and further details



Sustainability in the City

Upcoming Community Sessions brought to you by the City of Joondalup





<u>Discovery Session - Creating a</u> Pollinator Paradise

Sat. 8 Nov, 2025 10:00am - 11:00am Woodvale Public Library

Join us during Australian Pollinator Week to transform your garden into a thriving habitat for WA's native pollinators. This informative session by Fiona Blackham from Gaia Permaculture will help get your garden buzzing with biodiversity!

Discover how to:

- · Identify local native pollinators and learn about their benefits
- · Consider your soil type and plant pollinator attracting and locally native plants
- · Create shelter and habitats that support local pollinators
- · Join the Australian Pollinator Count and other initiatives during Australian Pollinator Week

Participants will receive native seeds and take-home plant guides to start their garden.

Cost \$5.00. Book and pay online.

Please note, the presentation will run for approximately one hour and refreshments are included.

For further information on this event please call the City on 9400 4751.

For tickets and further details





EARTH-CYCLE: Composting, worm farming and bokashi buckets

Sat. 9 May, 2026 9:00am - 12:00pm Duncraig Community Centre

Reserve tickets go on sale Mon. 1 Dec, 2025 at 12:00am AWST

Do you know how to compost or set up a worm farm? What about a bokashi bin?

Join the wonderful and very knowledgeable Peg Davies from 'Lessen with Peg' in an interactive workshop. Peg will teach you how use different types of composting bins, how to set up and run a successful worm farm and troubleshoot some common 'problems'. Peg will also introduce the bokashi bin - what it is and what is involved in maintaining a bokashi

Come along and have your chance at winning a worm farm.

Light refreshments will be served.

For further information on this event please call the City on <u>9400 4077</u>.

For free tickets and further details



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Gratefully supported by

We are so grateful for the ongoing support and involvement these charities, companies and government agencies are investing in our community projects





































Further Support

Donations can be made via Direct deposit into the following Bank Account:

BSB - 066 160 Account - 1117 8205

Please use your Surname Name as reference and email us if you require a receipt for your tax purposes

Alternatively, you can donate here on our website www.padburycommunitygarden.org



If you, your business or the company you work for, are looking for a community project to support, look no further.

All donations \$2 or more to Padbury Community
Garden Inc. are tax-deductible.

Our Charity can direct the funds towards a project that you are most passionate about, or it can help towards the day to day running and work of the Charity.

Take a moment to watch a video about what we have achieved over the past year https://youtu.be/UbAdJ9OYiFM and a video about how we are so much more than 'just' a community garden



Every dollar makes a difference

Contact us



padburycommunitygarden@gmail.com



Facebook Page Facebook Group





Padbury Community Garden Gibson Park 140 Gibson Avenue, PADBURY WA 6025

